



Easy ways to Be a Hero

LISTEN WITHOUT JUDGEMENT

OFFER YOUR TIME

SMILE WARMLY AT OTHERS

KEEP YOUR WORD

SHOW APPRECIATION (DON'T
COMPARE!)

OFFER TO HELP

CLEAN UP (YOUR MESS &
OTHERS!)

GIVE YOUR BEST EFFORT

SIT WITH SOMEONE (NO NEED
TO TALK SOMETIMES!)

BE HONEST

SHARE HELPFUL INFO